

SEPTEMBER 2025

PARTNERS NEWSLETTER



THE
Hub@1145

Important Quarterly Updates for On-Site Partners at Langs



WELCOME!

Welcome to the Fall edition of the Langs Partner Newsletter for 2025.

If you are interested in sharing an upcoming event in the community, please reach out to Alison at alisonb@langs.org

HEALTH & SAFETY CODE REVIEWS
PARTNER PORTAL

SPOTLIGHT SERIES PARTNER

UPCOMING EVENTS



COFFEE, COMMUNITY & COLLABORATION
September 18, 2025 | 3:00-4:30pm

CITY OF CAMBRIDGE 50+ ACTIVE LIVING FAIR
Hespeler Arena - 640 Ellis Rd. W., Beehive Hall
October 1, 2025 | 1-4pm

TogetHER FOR HEALTH LUNCHEON
October 25, 2025 | 11:00am-2:00pm

CAMBRIDGE NEIGHBOURHOOD TABLE DINNER
Sept. 8 & 22, Oct. 27, Nov. 10 & 24, Dec. 8 |
5-6:30pm

LANGS GIFT CARD PROGRAM

November 17, 2025

LANGS COMMUNITY HOLIDAY DINNER

December 10, 2025 | 5:00-7:30pm

REMINDERS

**ROOM BOOKINGS & BOOKING
REQUEST GUIDELINES**

BUILDING UPDATES

CLOSURES

October 13 - Thanksgiving - CLOSED

HOLIDAY HOURS

December 24th & 31st - OPEN 8:30am-2:00pm

December 25th - CLOSED

December 26th - CLOSED

January 1, 2026 - CLOSED

The walking track is open on Saturdays from 8:30am-12:00pm. Check with reception for track closures. The track may also close without notice due to unforeseen circumstances.



HEALTH AND SAFETY CODE REVIEWS

In order to respond to emergency situations at Langs, clear procedures have been developed to assist staff and our onsite partners in reacting safely to difficult situations. In an emergency involving violence or threatening behaviour, the first priority is the safety of the individuals who are at risk. Personal safety takes precedence over property. Wherever possible, individuals at risk should get to a safe location, warning others who are in the vicinity.

Portable panic buttons are also available to our onsite partners, if interested. These can be signed out at the main receptionist desk located on the first floor.

Emergency Response Codes are as follows:

CODE BLUE	Medical Emergency
CODE RED	Fire
CODE BROWN	Hazardous Material
CODE BLACK	Bomb Threat
CODE WHITE	Assistance Required (Violent Situation)
CODE ORANGE	Internal Disaster
CODE GRAY	Police Requested Lockdown
CODE YELLOW/AMBER	Missing Person/Child
CODE CYBER	Cybersecurity Threat

For more information on when a code should be called, and what to do in the event of threatening or violent behaviour, please refer to the Partner Portal.

PARTNER PORTAL



Welcome to those accessing our online newsletter for the first time and welcome back to those returning. Thank you for signing on and keeping in touch with us at Langs! From now on, you'll have access to regular updates about events, newsletters, learn about other on-site partners, and, yes, find the meeting room that suits your needs....all at the push of a button.

We look forward to creating content on a quarterly basis that is accessible, informative and keeps you in touch with what's happening here at Langs and in the community.

To get started, scroll down to the bottom of the Langs webpage at www.langs.org, click "Partner Login" and enter the new username/password noted below. From here feel free to scroll through the tabs for what you need (i.e., meeting room capacity chart, weather and parking updates, etc.)

Username: LangsPartner

Password: Port@IPas5

This is a new username and password, and is the same for all our onsite partners, so please feel free to share with your staff.

Got a suggestion or feedback to share? We're always looking to improve how we connect with our on-site partners. If you have a question, comment or suggestion, please share it with Alison at alisonb@langs.org.

spotlight series

Join us quarterly as we feature a list of on-site partners and provide a platform to have conversations with a purpose. On-site Partners will have an opportunity to discuss and promote their innovative activities, ideas, and events happening in the community.



SPOTLIGHT SERIES PARTNER

Thank You

Thank you to each and every on-site partner at Langs in supporting our community and continuing to submit their story in our quarterly newsletter.

The opportunity to highlight what you are doing in the broader community is vital in bringing your services to the forefront to allow for collaboration, innovation and partnership.

If you are interested in being featured in our newsletter or have a new program or event you would like to promote, please reach out to Alison at alisonb@langs.org.

Upcoming Events



Let's connect
**COFFEE
COMMUNITY &
COLLABORATION**

An afternoon of networking, insightful conversations, and learning about the vital programs Langs offers to our community.

Whether you're a community member, business leader, or non-profit representative, this is your chance to connect, collaborate, and discover how we can work together to make a lasting impact. Sip some coffee, enjoy sweet treats, and let's build a stronger community together.

THURSDAY, SEPTEMBER 18, 2025
5:00 - 4:30 PM
RME106

[Click here to RSVP by September 15, 2025](https://www.langs.org/2025/09/18/September-18-2025/)
Location: 1140 Concession Road, Cambridge, ON
Contact: Darcy at darcy@langs.org or 519-622-1470 ext. 340



COFFEE, COMMUNITY & COLLABORATION SEPTEMBER 18TH, 2025 | 3:00-4:30pm

This afternoon event is designed for community members, business leaders, and non-profit representatives to connect, network, and learn more about the vital programs Langs offers. Attendees will enjoy coffee, sweet treats, and engaging conversations to build stronger community partnerships. Click [here](https://www.langs.org/2025/09/18/September-18-2025/) to RSVP by September 15, 2025. For more information contact Darcy at darcy@langs.org.



**MEN'S
CIRCLE**

September 2025 - June 2026
The Cambridge Community Centre

Join Roni George for an evening of learning, sharing, and leading together. Open to male identity folks of all nations, both Indigenous and Non-Indigenous individuals.

2025 - 2026

Sept 25th
Oct 2nd
Nov 6th
Dec 4th
Jan 8th
Feb 5th
March 5th
April 2nd
May 6th
June 3rd

2026 - 2027

Sept 25th
Oct 2nd
Nov 6th
Dec 4th
Jan 8th
Feb 5th
March 5th
April 2nd
May 6th
June 3rd

LANGS COMMUNITY HEALTH CENTRE
1140 Concession Rd.
Cambridge, ON

REGISTER NOW

www.cambridge.ca/registration



MEN'S CIRCLE SEPT. 2025 TO JUNE 2026 | 6:00-8:00pm *registration required*

Learn about the programs and services offered to adults 50+ in our community. Come by to meet exhibitors who offer live demos, seminars, products and services. Click [here](https://www.cambridge.ca/registration) for more information. Seating is limited. Registration is required.



**50+
Active Living Fair**

Wednesday, October 1, 1-4 p.m.
Hospitel Arena, 640 Ellis Road West

Live demos, exhibitors, snacks, seminars, and more.
Empowering you to take an active role in your quality of life!

Free admission & parking
cambridge.ca/activeliving



50+ ACTIVE LIVING FAIR OCTOBER 1ST, 2025 | 1:00-4:00pm *free admission & parking*

Learn about the programs and services offered to adults 50+ in our community. Come by to meet exhibitors who offer live demos, seminars, products and services. Click [here](https://cambridge.ca/activeliving) for more information. Seating is limited. Registration is required.

Upcoming Events



TOGETHER FOR HEALTH LUNCHEON OCTOBER 25, 2023 | 11:00AM-2:00PM

This fundraising luncheon and silent auction supports Langs' Women's Health and Wellness programs. The event includes an inspiring keynote, "Reinventing Your Life in Midlife: from Crisis to Catalyst" by Amanda Otterman and is open to the community. For sponsorship and auction opportunities contact Darcy at darcy@langs.org. Click [here](#) to register for the event.

CAMBRIDGE NEIGHBOURHOOD TABLE | 5:00-6:30PM



Sept. 8
Sept. 22
Oct. 27
Nov. 10
Nov. 24
Dec. 8

Cambridge Neighbourhood Table is a grassroots program with the primary purpose of community development, where every neighbour is welcome to attend. This communal dining approach promotes connections in local neighbourhoods and provides space for social activities and supportive services.

This program was created in collaboration with Citizens for Cambridge, with funding provided by the City of Cambridge, the United Way, and the Region of Waterloo.

For those onsite partners interested in taking part in any of the dates listed by volunteering their time and/or setting up a booth at Langs to showcase their services, please contact Alison at alisonb@langs.org OR Dave at davidc@langs.org.

Upcoming Events

LANGS GIFT CARD PROGRAM....just in time for the HOLIDAY SEASON! ***cards available starting October 14th***



The holiday season brings thoughts of joy and gratitude, and with the Langs gift card program you can purchase that perfect gift for that special someone....all with the click of a button. By taking part in this program, Langs benefits from a commission that goes right back into our programs and services. It's the gift that just keeps on giving! To access this gift card list and for further information on how to purchase your card(s), please refer to the Partner Portal.

Payment can be made by cash, cheque (payable to Langs Farm Village Association) or e-transfer (to the director of finance). Completed forms with accompanying cash or cheque can be submitted in person to Sarah at Langs main site. All electronic forms can be submitted to sarahm@langs.org and will be processed after confirmation of e-transfer.

Order forms are due by November 17th and cards will be delivered to you at Langs during the week of December 6th.

We thank everyone in advance for making a purchase and giving back to the community.

LANGS COMMUNITY HOLIDAY DINNER DECEMBER 10, 2025 | 5:00-7:30PM

SAVE THE DATE for the Langs Community Holiday Dinner. Stay tuned for more information on how you can volunteer for the event.



REMINDER

MAIL



For our partners who have mailboxes at Langs, please make sure to check them when you are on site.

PRINTING/COPYING/ INTERNET*



For our partners who are looking to print/copy at Langs, please make sure to use the code your organization has been assigned. If you don't know the code, please reach out to Alison at alisonb@langs.org.

*Please note that our Community Partner WIFI is no longer in use. Please use the Public WIFI posted throughout the building.

ADDITIONAL KEY REQUESTS



As part of your lease agreement with Langs, our partners are entitled to two keys, free of charge, for their leased on-site space. **Effective January 1, 2024**, any additional key requests outside these two keys will result in a cost of \$10/key for each key request. This amount will then be invoiced on a quarterly basis. Please send any key requests to Alison at alisonb@langs.org.

INCLEMENT WEATHER

In the event of a closure, all announcements will be posted on our website.

If you notice any unsafe conditions (flooding, downed trees, icy patches, power lines, etc.), please contact main reception so that this can be addressed as soon as possible.





ROOM BOOKINGS AND BOOKING REQUEST GUIDELINES

In order to find the most efficient meeting space for your needs, we have provided you with a list of our available meeting rooms. Rooms are available for client meetings, training sessions, workshops, community programs, etc. If you have a large event/workshop taking place, please share this information at the time of booking so that we can make the necessary parking arrangements to accommodate your group. This will help to provide available spots for our program participants/patients using our facility who access services.

Partner meeting room booking requests are available **MONDAY TO FRIDAY ONLY**. Room booking requests made outside the work week are not part of the current lease agreements in place and will be charged normal Saturday corporate/non-profit rates, depending on the organization. For partners looking to make weekend partner room booking requests, please reach out directly to Ruth at rutho@langs.org.

Please make all room booking requests at least one week in advance through Alison at: 519-653-1470, Ext. 266 or at alisonb@langs.org.

Make sure to check your Lease Agreement for details.

FIRST FLOOR	E 105, E 106
SECOND FLOOR	S 219, S 236, E 204, E 206

If you have any questions or comments, please feel free to contact Dave at davidc@langs.org or Alison at alisonb@langs.org. We appreciate your ideas and support of the return to in-person services.

Hub@1145 | 1145 Concession Road, Cambridge
519-653-1470 | [WEBSITE](http://www.langs.org)

