

JUNE 2025

PARTNERS NEWSLETTER



THE
Hub@1145

Important Quarterly Updates for On-Site Partners at Langs



WELCOME!

Welcome to the second edition of the Langs Partner Newsletter for 2025.

If you are interested in sharing an upcoming event in the community, please reach out to Alison at alisonb@langs.org

HEALTH & SAFETY CODE REVIEWS

PARTNER PORTAL

SPOTLIGHT SERIES

UPCOMING EVENTS



CAMBRIDGE NEIGHBOURHOOD TABLE DINNER

COMMUNITY GARAGE & CRAFT SALE

COMMUNITY PICNICS

WORKSHOPS

MEN'S CIRCLE

REMINDERS

ROOM BOOKINGS RATES & BOOKING REQUEST GUIDELINES

BUILDING UPDATES



CLOSURES

July 1 - Canada Day

August 4 - Civic Holiday

Annual Fire Alarm Testing will take place on August 18th, followed by a fire drill at noon. Emergency lighting testing will be done throughout the day.

Starting April 1st, 2025, Langs will have dedicated time on the Walking Track for Women only. Tuesday evenings from 7:00pm-8:00pm will be reserved for women only. This change is driven by a community need, to offer a safe space that is culturally responsive, and trauma informed. If you have any questions, please speak to a Langs staff.

HEALTH AND SAFETY CODE REVIEWS

In order to respond to emergency situations at Langs, clear procedures have been developed to assist staff and our onsite partners in reacting safely to difficult situations. In an emergency involving violence or threatening behaviour, the first priority is the safety of the individuals who are at risk. Personal safety takes precedence over property. Wherever possible, individuals at risk should get to a safe location, warning others who are in the vicinity.

Portable panic buttons are also available to our onsite partners, if interested. These can be signed out at the main receptionist desk located on the first floor.

Emergency Response Codes are as follows:



CODE BLUE	Medical Emergency
CODE RED	Fire
CODE BROWN	Hazardous Material
CODE BLACK	Bomb Threat
CODE WHITE	Assistance Required (Violent Situation)
CODE ORANGE	Internal Disaster
CODE GRAY	Police Requested Lockdown
CODE YELLOW/AMBER	Missing Person/Child
CODE CYBER	Cybersecurity Threat

For more information on when a code should be called, and what to do in the event of threatening or violent behaviour, please refer to the Partner Portal.



PARTNER PORTAL

Welcome to those accessing our online newsletter for the first time and welcome back to those returning. Thank you for signing on and keeping in touch with us at Langs! From now on, you'll have access to regular updates about events, newsletters, learn about other on-site partners, and, yes, find the meeting room that suits your needs....all at the push of a button.

We look forward to creating content on a quarterly basis that is accessible, informative and keeps you in touch with what's happening here at Langs and in the community.

To get started, scroll down to the bottom of the Langs webpage at www.langs.org, click "Partner Login" and enter the new username/password noted below. From here feel free to scroll through the tabs for what you need (i.e., meeting room capacity chart, weather and parking updates, etc.)

Username: LangsPartner

Password: Port@IPas5

This is a new username and password, and is the same for all our onsite partners, so please feel free to share with your staff.

Got a suggestion or feedback to share? We're always looking to improve how we connect with our on-site partners. If you have a question, comment or suggestion, please share it with Alison at alisonb@langs.org.

spotlight series

Join us quarterly as we feature a list of on-site partners and provide a platform to have conversations with a purpose. On-site Partners will have an opportunity to discuss and promote their innovative activities, ideas, and events happening in the community.





Toronto Orthopedic is a family owned business and team of certified orthotists, orthotic technicians, a pedorthist, and an administrative support specialist. The Pecorella family has been providing custom orthotics and orthopedic devices to people with physical challenges for over 100 years.

Toronto Orthopedic provides custom and pre-made lower extremity orthotics, which includes foot orthotics, ankle foot orthotics, and knee braces. We also provide custom and pre-made upper extremity orthotics, which includes wrist, hand and elbow bracing.

If you have a long-term physical disability related to a medical diagnosis, and require the use of an orthotic on an ongoing daily basis to improve function in the activities of daily living, you are eligible for funding through the Assistive Devices Program (ADP) of the Ontario Ministry of Health. Toronto Orthopedic is enrolled in ADP as a registered vendor.

We have worked closely with the KidsAbility Centres for Child Development in Cambridge, Waterloo and Guelph for the past 30 years, in order to provide custom orthotics to children with special needs. For the past 2 years we have had the good fortune to be able to operate one of our orthotic clinics at Langs, and we have enjoyed every minute of it! Everyone I've met at Langs has been so kind and helpful! It has been wonderful getting to know the Langs staff and the other people who work there, and our clients love the accessibility. Thank you Langs!

Contact info:

Email: contact@tortho.ca

Tel: 416-766-6800

Website: www.tortho.ca

Upcoming Events

June 9 & 23

July 14 & 28

August 11 & 25

September 8 & 22

CAMBRIDGE NEIGHBOURHOOD TABLE | 5:00-6:30PM



Cambridge Neighbourhood Table is a grassroots program with the primary purpose of community development, where every neighbour is welcome to attend. This communal dining approach promotes connections in local neighbourhoods and provides space for social activities and supportive services.

This program was created in collaboration with Citizens for Cambridge, with funding provided by the City of Cambridge, the United Way, and the Region of Waterloo.

For those onsite partners interested in taking part in any of the dates listed by volunteering their time and/or setting up a booth at Langs to showcase their services, please contact Alison at alisonb@langs.org OR Dave at davidc@langs.org.



COMMUNITY GARAGE & CRAFT SALE JUNE 7, 2025 | 7:00am - 2:00pm

Join us in the main parking lot and find your next treasure!
Vendor spaces sold out.



COMMUNITY PICNICS JULY 9TH, JULY 23RD & AUGUST 6TH

Join us for a day full of community family fun on July 9th (Langs Main Site), July 23rd (Grow Community Centre) and August 6th (North Dumfries Community Health Centre). Watch socials for more details (time and admission fee).

For more information on this event and/or to volunteer, contact Sandra at sandrac@langs.org OR 519-653-1470, ext. 232.



Workshop

MEN'S CIRCLE

FEBRUARY TO AUGUST 2025

First Thursday of every month | 6:00 - 8:00 pm



MEN'S CIRCLE

Join Kevin George for an evening of learning, sharing and healing together. Open to male-identifying folks of all nations, both Indigenous and Non-Indigenous individuals.

February - August 2025
First Thursday of every month

Feb 6th
March 6th
April 3rd
May 1st
June 5th
July 3rd
August 7th

6:00PM - 8:00PM

LANGS COMMUNITY HEALTH CENTRE
1145 Concession Rd.
Cambridge, ON

REGISTER NOW

www.crowshieldlodge.com/upcoming

 

Join Kevin George from Crow Shield Lodge for an evening of learning, sharing and healing together.

Register at www.crowshieldlodge.com/upcoming.

REMINDER

MAIL



For our partners who have mailboxes at Langs, please make sure to check them when you are on site.

PRINTING/COPYING/ INTERNET*



For our partners who are looking to print/copy at Langs, please make sure to use the code your organization has been assigned. If you don't know the code, please reach out to Alison at alisonb@langs.org.

*Please note that our Community Partner WIFI is no longer in use. Please use the Public WIFI posted throughout the building.

ADDITIONAL KEY REQUESTS



As part of your lease agreement with Langs, our partners are entitled to two keys, free of charge, for their leased on-site space. **Effective January 1, 2024**, any additional key requests outside these two keys will result in a cost of \$10/key for each key request. This amount will then be invoiced on a quarterly basis. Please send any key requests to Alison at alisonb@langs.org.

INCLEMENT WEATHER



In the event of a closure, all announcements will be posted on our website.

If you notice any unsafe conditions (flooding, downed trees, power lines, etc.), please contact main reception so that this can be addressed as soon as possible.



ROOM BOOKINGS AND BOOKING REQUEST GUIDELINES

In order to find the most efficient meeting space for your needs, we have provided you with a list of our available meeting rooms. Rooms are available for client meetings, training sessions, workshops, community programs, etc. If you have a large event/workshop taking place, please share this information at the time of booking so that we can make the necessary parking arrangements to accommodate your group. This will help to provide available spots for our program participants/patients using our facility who access services.

Partner meeting room booking requests are available **MONDAY TO FRIDAY ONLY**. Room booking requests made outside the work week are not part of the current lease agreements in place and will be charged normal Saturday corporate/non-profit rates, depending on the organization. **For partners looking to make weekend partner room booking requests, please reach out directly to Kitty Lamar at kittyl@langs.org.**

Please make all room booking requests at least one week in advance through Alison at: 519-653-1470, Ext. 266 or at alisonb@langs.org.

Make sure to check your Lease Agreement for details.

FIRST FLOOR

E105, E106

SECOND FLOOR

S219, S236, E204, E206

If you have any questions or comments, please feel free to contact Dave at davidc@langs.org or Alison at alisonb@langs.org. We appreciate your ideas and support of the return to in-person services.

Hub@1145 | 1145 Concession Road, Cambridge
519-653-1470 | [WEBSITE](http://www.langs.org)



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