

SPRING 2026 ADULT PROGRAMS

For program information and registration contact Erica
E: ericab@langs.org or P:519-248-4769 ext. 3002

DIY and Unwind

Join other adults for relaxing evenings of creativity and friendly competition with craft and game nights.

Date: Mondays

Mar 30 - Jun 1

*except Apr 6 & May 18

Time: 6:30 - 8:00pm



Community Roots - Family Program

Bring your family for crafts, cooking and more!

Date: Thursdays

Apr 2 - Jun 4

Time: 6:30 - 8:00 pm



Grow Community Centre is located at 1 Groh Ave, Cambridge, ON
Programs are open to the community; anyone can join!



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Midweek Mixer

Take a break and drop in for a casual, welcoming space to connect with others over coffee, crafts, snacks and games.

Date: Wednesdays

Apr 1 - Jun 3

Time: 6:30 pm - 8:00 pm



Resource Centre

Create resumes, print documents or surf the internet.

Printing: 1st print/copy is free, additional copies \$0.10/page

Hours: Mon, Wed, or Fri

12:00 - 4:00pm

Participants will be asked to sign in and provide contact information.

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