

# DIABETES CARES!

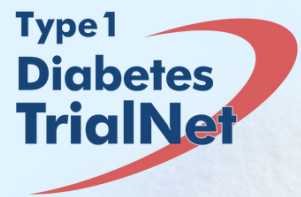
**MAY 1, 2025**  
**5:00 PM - 8:00 PM**

Join us for our Langs Diabetes Cares event on **May 1st from 5 to 8 PM!** This **free** event welcomes people living with **all types of diabetes** and their families. **Register using the link below or contact us**—we can't wait to see you!

**5:00 PM**

## WELCOME & DISPLAY SHOWCASE

Pump and Sensor specialists, Diabetes Care Reps, Community supports & light refreshments.



**Learn more about TrialNet on page 2**

**5:30 PM**

## FINANCIAL COSTS OF DIABETES

Angela Puim, Pharmacist, CDE, Preston Medical Pharmacy

**6:15 PM**

## REST & REVIVE: OVERCOMING SLEEPLESSNESS IN DIABETES

Dr. Upender Mehan, Family Medicine

**7:00 PM**

## DIABETES REVEALED: SHEDDING LIGHT ON COMPLICATIONS AT EVERY AGE

Dr. Matthew Feldman, Pediatric Endocrinologist

**REGISTER TODAY**

**Link:**

**[bit.ly/DiabetesCares](https://bit.ly/DiabetesCares)**

**SCAN ME**



NEED HELP TO REGISTER?  
CALL OUR FRONT DESK  
519-653-1470 EXT 285



# You're Invited!

An invitation from the Diabetes Team on behalf of The TrialNet Team  
at the Hospital for Sick Children

Join TrialNet on the Pathway to Prevention and get your family screened on

**May 1st, 2025**

Having a family member with type 1 diabetes can significantly increase your risk of developing diabetes. TrialNet offers a simple screening blood test (using just half a teaspoon of blood) that can identify increased risk for type 1 diabetes many years before symptoms occur.

## Why get screened?

- If you have a relative with type 1 diabetes, you are 15 times more likely to develop the disease than someone who does not.
- TrialNet screening looks for diabetes-related autoantibodies that signal an increased risk of type 1 diabetes
- Participants in the study who test positive for autoantibodies are closely monitored for the earliest signs of type 1 diabetes. Early detection and monitoring can also improve mental outlook and allow for earlier treatment to maintain insulin production.
- Participants in the study who are at higher risk may be eligible to join clinical studies testing ways to delay and prevent the disease.
- Participation in research helps give scientists a better understanding of what causes diabetes which may help prevent or cure this disease one day.

## Who can be screened?

TrialNet offers screening to family members of people with type 1 diabetes:



First degree relatives (parents, children, siblings) between the ages of 2 - 45 years old.

Second degree relatives (cousins, nieces/nephews, aunts/uncles, grandchildren) between the ages of 2 - 20 years old.

## Screening Location & Time:

Location: Langs  
1145 Concession Road  
Cambridge, ON N3H 4L5

Date & Time: May 1, 2025 5:00 - 8:00pm  
Sign-up: <https://recap.link/LangsMay1st>

Scan to sign-up:



To get screened or for more information please contact:

The Canadian TrialNet Study Team  
Toll-Free: 1-866-693-1899  
Email: [Trialnet.diabetes@sickkids.ca](mailto:Trialnet.diabetes@sickkids.ca)



If you are not able to attend the screening event, it is still possible to participate. Please call for more information on alternative ways to be screened. Please feel free to share this invitation with family members or anyone else with a relative who has Type 1 Diabetes.

Sincerely,

The SickKids Diabetes Team