

Community Health Promoter, North Dumfries (24 hours/week, Permanent)

Who We are:

Langs is a grass-roots neighbourhood-based organization that has become so much more! Langs was established as a community development project in 1978 by a group of citizens and service providers concerned about the lack of accessible services in the community. Langs has grown to become a dynamic, respected multi-service organization that uses a community development approach to provide comprehensive health, social and recreational services that are responsive to the changing needs of our community.

What We are Looking For:

We are currently recruiting for a Community Health Promoter to join our team for a part-time position. This role is responsible for developing, delivering, and evaluating community programs that promote health, wellness, and social connection. The role integrates health promotion and chronic disease prevention, with a specific focus on healthy eating, active living, and social prescribing, consistent with frameworks such as the *Canadian Chronic Disease Indicators (CCDI)* and Ontario's *Chronic Disease Prevention Guideline (2018)*.

A successful candidate in this role would have

- Undergraduate degree or diploma in health or social sciences or equivalent combination of education and experience
- 3–5 years' experience in human services, recreation, community development, or health promotion
- Experience applying health promotion and chronic disease prevention strategies
- Knowledge of healthy eating, active living, and social prescribing approaches
- Strong communication, interpersonal, and group facilitation skills
- Knowledge of program development, delivery, and evaluation
- Understanding of the determinants of health, health equity, and CHC models
- Ability to engage diverse community groups in leadership and planning
- Open, non-judgmental, and culturally responsive
- Valid driver's license and access to a vehicle

In this role you will be expected to complete the following tasks:

- Design and deliver programs that promote healthy eating, physical activity, mental well-being, and social connection
- Incorporate evidence-informed strategies guided by Ontario's Chronic Disease Prevention Guidelines
- Apply health behaviour and community engagement approaches to reduce risk factors
- Support social prescribing referrals by helping residents connect to community resources that enhance wellness and reduce isolation
- Partner with internal departments and external health promotion partners to align programs with broader chronic disease prevention goals
- Monitor and analyze trends, demographics and other sources of internal and external information relation to its impact on programing
- Conduct formal and informal needs assessments, including surveys, focus groups, and community consultations
- Design, implement, and evaluate programs aligned with organizational priorities and community needs
- Lead adult and older adult social, educational, recreational and wellness programs
- Conduct neighbourhood and broader community outreach
- Provide support to social, recreational, and health-promoting programs across all Langs locations
- Build leadership capacity among residents and volunteers
- Support residents in planning and delivering programs
- Engage residents in networking and community planning processes
- Prepare administrative and statistical reports
- Support program promotion through materials, displays, and community presentations
- Assist with planning and attending organizational events
- Maintain professional competence through ongoing training and development opportunities, internally and externally
- Participate in reflective practice and continuous improvement

What We Can Offer You:

Langs is an organization where people belong. Langs is committed to promoting Inclusion, Diversity, Equity, and Access for all our staff, patients, participants, and volunteers. We are committed to equal employment opportunity regardless of race, colour, ancestry, religion, sex, national origin, sexual orientation, age, citizenship, marital status, disability, gender identity or Veteran status. Langs strives for an inclusive environment centred on employee wellbeing and supportive leadership.

Don't meet every requirement? Studies have shown that women and people of colour hesitate to apply to jobs unless they meet every single qualification. At Langs, we are dedicated to building a diverse, inclusive and authentic workplace, if you're excited about this role but your past experience doesn't align perfectly with every qualification please apply and share in your cover letter why you believe you are the right candidate.

The successful candidate would be eligible for the following benefits:

- Starting Salary of \$22.73 to 25.43 hourly
- 3 Weeks paid vacation, with an increase to 4 weeks after 1 year of employment
- 15 Sick/Personal Days per year
- 10 Professional Development days per year
- Enrolment in Healthcare of Ontario Pension Plan (HOOPP)
- Comprehensive Extended Health and Dental Care Plan including a \$1000 Healthcare Spending Account & \$500 Lifestyle Spending Account.

Candidates are required to submit detailed cover letter along with their resume by August 7, 2026
Candidates requiring accommodation to participate should contact Human Resources to communicate any accommodation needs.

This job posting is for an existing or expected vacancy within our organization.

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