

Community Registered Dietitian (40 hours/week , 14 Month Contract)

Who We are:

Langs is a grass-roots neighbourhood-based organization that has become so much more! Langs was established as a community development project in 1978 by a group of citizens and service providers concerned about the lack of accessible services in the community. Langs has grown to become a dynamic, respected multi-service organization that uses a community development approach to provide comprehensive health, social and recreational services that are responsive to the changing needs of our community.

What We are Looking For:

We are currently recruiting for a Registered Dietitian to join our Chronic Disease Prevention & Management team for a full-time position. This role is responsible for assessing, planning and implementing education and counselling to support individuals with chronic diseases including diabetes, obesity, metabolic syndrome, hypertension etc. In addition, they will participate in the development, implementation, monitoring and evaluation of programs and services for individuals, families and the community.

A successful candidate in this role would have:

- Baccalaureate degree in nutrition from a recognized university/college
- Registered Dietitian with the College of Dietitians of Ontario in good standing
- Certified Diabetes Educator (CDE) and Certified Bariatric Educator (CBE) preferred
- Experience counselling patients incorporating various behaviour change models, adult learning principles or techniques for chronic disease management preferred.
- Demonstrated ability to work autonomously and as a member of an interdisciplinary team.
- High degree of initiative with critical thinking skills
- Comfortable and experienced with individual and group presentations, in person and virtually
- Experience in program development, implementation, monitoring and evaluation
- Proficiency in the use of EMR and various software applications
- Knowledge of and sensitivity to the impact of social, economic, environmental, and cultural issues in diabetes, obesity and metabolic self-management
- The ability to speak multiple languages would be considered an asset.
- Class G License and vehicle available for use. Travel is an expectation as this position will be working out of both the Langs and North Dumfries locations.

In this role you will be expected to complete the following tasks:

- Participates in the development and implementation of community health programs using a client centered approach.
- Assesses food and nutrition needs within the community and plans and implements programs addressing those needs using evidence-based interventions.
- Collaborates with other interdisciplinary providers, develops, and maintains networks with community organizations, groups, and individuals to guide food-related programming and address a broad range of chronic health conditions.
- Oversees food and nutrition content of community health programs, including supervising associated volunteers or students.
- Manages community-based nutrition projects. This includes proposal and report writing, staff hiring and supervision if needed, and project evaluation.
- Works with all ages and stages of life patients. Assesses individual nutritional status by gaining an understanding of the individual's food habits, socio-economic and cultural background, psychological factors, and medical profile.
- Provides nutritional counseling which includes development, implementation and evaluation of individual nutritional care plans, considering literacy level and relevant cultural and psycho-social factors.
- Support clients with difficult dietary and lifestyle changes using behaviour change techniques (ie. active listening, motivational interviewing, health coaching).
- Provide relevant and timely specialist advice and guidance on dietary modification, nutritional supplements, and their use.
- Ensures continuity of care by maintaining medical records, monitoring individuals on a regular basis, and case-conferencing with other care providers as necessary.
- Obtains or develops, and evaluates, nutrition education resources to meet the needs of clients.
- Acts as a nutrition resource, providing consultation to staff, community groups, agencies, and students on placement.
- Facilitate and/or co-facilitate educational, fun and motivational nutrition group programming.
- Maintains professional competency by participating in relevant continuing education activities.
- Conducts evaluations to assess effectiveness of programs and workshops.
- To complete other duties as required

What We Can Offer You:

Langs is an organization where people belong. Langs is committed to promoting Inclusion, Diversity, Equity, and Access for all our staff, patients, participants, and volunteers. We are committed to equal employment opportunity regardless of race, colour, ancestry, religion, sex, national origin, sexual orientation, age, citizenship, marital status, disability, gender identity or Veteran status. Langs strives for an inclusive environment centred on employee wellbeing and supportive leadership.

Don't meet every requirement? Studies have shown that women and people of colour hesitate to apply to jobs unless they meet every single qualification. At Langs, we are dedicated to building a diverse, inclusive and authentic workplace, if you're excited about this role but your past experience doesn't align perfectly with every qualification please apply and share in your cover letter why you believe you are the right candidate.

The successful candidate would be eligible for the following benefits:

- Starting Salary of \$32.11-\$35.70 Hourly
- 3 Weeks paid vacation
- 10 Sick/Personal Days per year
- 10 Professional Development days per year
- Enrolment in Healthcare of Ontario Pension Plan (HOOPP)
- Comprehensive Extended Health and Dental Care Plan including a \$1000 Healthcare Spending Account.

Candidates are required to submit detailed cover letter along with their resume by **May 21, 2025**
Candidates requiring accommodation to participate should contact Human Resources to communicate any accommodation needs.

Langs, 1145 Concession Road, Cambridge, Ontario, N3H 4L5
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