











Agency	Description of Services
<p><b>Alzheimer Society</b> <a href="http://www.alzheimer.ca.wv">www.alzheimer.ca.wv</a></p> 	<p>The Alzheimer Society is the leading not-for-profit organization working nationwide to improve quality-of-life for Canadians affected by Alzheimer's disease and advance the search for the cause and cure. The mission of the Alzheimer Society of Cambridge is to support people with Alzheimer's disease or other dementias and their partners in care by providing supportive counselling, information, education, public awareness, advocacy, and promotion of research.</p>
<p><b>Arthritis Society</b> <a href="http://www.arthritis.ca">www.arthritis.ca</a></p> 	<p>At Langs, The Arthritis Society provides Physiotherapy for people with a confirmed diagnosis of arthritis, with access to Occupational Therapy and Social Work services as needed. Education classes are offered approximately 2 x per year. We encourage self-management strategies that allow people with arthritis to remain independent. Services are covered by the Ministry of Health and there is no need for a physician referral.</p>
<p><b>Carizon Family and Community Services</b> <a href="http://www.carizon.ca">www.carizon.ca</a></p> 	<p>The agency offers counselling services to all individuals and families in the Waterloo Region including: individual; marital, family and group treatment services, and credit counselling.</p>







<p><b>Carizon Family and Community Services</b>  <b>Family Violence Project</b>          (a program provided through Carizon Partnership with Langs)  <a href="http://www.carizon.ca">www.carizon.ca</a></p>  	<p>The Family Violence Project of Waterloo Region is a collaboration of agencies that provides wraparound, seamless service to victims of domestic violence – all from a single location. Services such as police trained to deal with family violence, personal counselling for adults and children, assistance with developing safety plans, shelters, crisis/medical support for sexual assault, financial counselling, children's services, support groups, outreach services to the community, legal services, specialized elder abuse services, rural outreach services and specialized programs - all under one roof.</p>
<p><b>Canadian Mental Health Association</b>  <b>Waterloo Wellington</b>  <a href="http://www.cmhaww.ca">www.cmhaww.ca</a></p>  <p>Canadian Mental Health Association          Waterloo Wellington</p> <p>Association canadienne pour la santé mentale          Waterloo Wellington</p>	<p>The Waterloo Wellington branch of the Canadian Mental Health Association promotes the mental health of all and supports the recovery of people experiencing mental health issues.</p>
<p><b>Chiropractors</b>  <b>Dr. Amy Brown and Dr. Peter Emary</b></p>	<p>Two independent Chiropractors are onsite offering services. Services offered are Adjustments, Spinal De Compression, Ultra Sound, Active Release, Laser and Exams for Orthotics.</p>
<p><b>Dr. Rashad Ali, M.D., FRCPC, Respiriology</b></p>	<p>Independent respirologist on-site offering services.</p>


<p><b>Community Diabetes Program Waterloo Region</b> <a href="http://www.waterloowellingtondiabetes.ca">www.waterloowellingtondiabetes.ca</a></p> 	<p>The Community Diabetes Program Waterloo Region supports adults with diabetes and their families by helping them make healthy lifestyle choices to control blood sugar and reduce the risk of problems associated with diabetes.</p>
<p><b>Front Door</b> (A program provided through a Carizon and Lutherwood Partnership) <a href="http://www.frontdoormentalhealth.com">www.frontdoormentalhealth.com</a></p>   	<p>Front Door (a partnered program of Carizon and Lutherwood) offers free Walk-In Counselling for families with children up to 18 years of age.</p>
<p><b>Healthy Smiles Ontario Region of Waterloo Public Health</b> <a href="http://www.regionofwaterloo.ca">www.regionofwaterloo.ca</a></p>  	<p>Healthy Smiles Ontario is a new program for children and youth 17 and under who do not have access to any form of dental coverage. If eligible, your kids will get regular dental services at no cost to you. Dental Care: Free preventative dental care for children/youth between the ages of 1-17 who do not have dental coverage. Free fluoride clinics and brushing lessons Wednesdays at Langs</p>

<p><b>Hospice of Waterloo Region</b> <a href="http://www.hospicewaterloo.ca">www.hospicewaterloo.ca</a></p> 	<p>Hospice of Waterloo Region is a charitable organization dedicated to providing comfort, care, and support to people affected by life-threatening illness. Services are provided— through a day program offered in Kitchener and Cambridge; during 1:1 emotional and practical support visits in home, or long-term care facility settings by hospice trained volunteers; in professional individual, family or group counselling led by certified therapists; in bereavement support services designed to meet a person’s needs. All of Hospice’s support programs and services are offered free of charge and do not require a medical referral. Hospice offers youth and adult counselling each Thursday at Langs.</p>
<p><b>House of Friendship</b> <a href="http://www.houseoffriendship.org">www.houseoffriendship.org</a></p> 	<p>This outreach program is community based, created to prevent, and reduce child poverty in the Waterloo Region. The goal is to assist children and their families experiencing low-income to access the services they need in their own communities.</p>
<p><b>Langs Medical Pharmacy</b></p>	<p>A full-service pharmacy providing prescriptions, home healthcare, vitamins, minerals, consultative services, and geriatric (elderly) service group, retirement and nursing home services, specialty compounding, free delivery.</p>
<p><b>Lutherwood</b> <a href="http://www.lutherwood.ca">www.lutherwood.ca</a></p> 	<p>Lutherwood is a not-for-profit health and social service organization that provides 3 different areas of support at Langs: children and youth mental health services, adult employment counselling, and housing support for people at risk of being homeless. Its services are accessed by more than 22,500 people annually in Waterloo Region and Wellington County.</p>





<p><b>New Hope Hearing</b> <a href="http://www.newhopehearing.ca">www.newhopehearing.ca</a></p> 	<p>New Hope Hearing is a privately owned, independent clinic that has served Hespeler and surrounding area for over 3 years. The name has changed but the clinician remains the same. They offer free hearing screening tests for patients 4 and up.</p>
<p><b>Sexual Assault Support Centre of Waterloo Region</b> <a href="http://www.sascwr.org">www.sascwr.org</a></p> 	<p>The Sexual Assault Support Centre of Waterloo Region provides services and support to people and their families who have experienced sexual violence including: individual and group counselling, a 24-hour Crisis and Support Line, accompaniments, advocacy, and public education. We also house the Family Court Support Program, which assists women who have experienced domestic violence as they navigate the family court process.</p>
  <p><b>Behavioural Supports Ontario</b> <b>Community Responsive Behaviour Team</b> <a href="http://www.behaviouralsupportsontario.ca">www.behaviouralsupportsontario.ca</a></p>	<p>The Community Responsive Behaviour Team is part of the Waterloo Region Behavioural Support Ontario (BSO). The Team offers specialized Geriatric Services for seniors coping with responsive behaviours associated with dementia, mental illness, addictions and other neurological conditions. The Behavioural Supports Ontario (BSO) Initiative was created to enhance services for older adults and assist seniors and their caregivers to manage behaviours safely in their home, (LTC or community). St. Joseph's Health Centre, Guelph, is the Program Lead for the Behavioural Support initiative in the WWLHIN. This initiative strives to enhance and leverage existing supports and promote integrated service delivery and system support.</p>



<p><b>Waterloo Wellington Regional Aphasia Program (WWRAP)</b>  <a href="http://www.sjhcg.ca">www.sjhcg.ca</a></p>  <p><b>St. Joseph's</b>          HEALTH CENTRE GUELPH          Serving with Compassion, Care and Courage</p>	<p>The goal of the program is to allow people with aphasia the means to actively engage and participate in conversation using specific communication strategies. The group sessions are facilitated by a combination of Speech-Language Pathologist &amp; Communicative Disorders Assistant with support from community volunteers. Social Work support available to participants and caregivers. A typical aphasia group session may include:</p> <ul style="list-style-type: none"> <li>• Discussing current topics &amp; expressing opinions</li> <li>• Role-playing everyday communication scenarios to develop conversational skills of listening &amp; reading comprehension</li> <li>• Supporting one another to participate &amp; gain confidence in Communicating</li> </ul>
<p><b>Home and Community Care Support Services Waterloo Wellington</b>          (formerly Waterloo Wellington LHIN)  <a href="http://www.healthcareathome.ca/ww">www.healthcareathome.ca/ww</a></p> 	<p>A Care Coordinator is onsite weekly to consult with Langs staff and community partners.</p>
<p><b>Waterloo Region Community Legal Services</b>  <a href="http://www.wrcls.ca">www.wrcls.ca</a></p>  <p><b>Waterloo Region</b>          Community Legal Services</p>	<p>Waterloo Region Community Legal Services (WRCLS) is a non-profit organization dedicated to providing legal services to those who meet our criteria for financial eligibility in the Kitchener, Waterloo, and Cambridge area.</p> <p>Legal advice and advocacy in housing and income support programs (social assistance/EI/CPP/OAS/etc).</p>

<p><b>William E. Pautler Centre, City of Cambridge</b>  <a href="http://www.cambridge.ca">www.cambridge.ca</a></p>  	<p>The William E. Pautler Centre offers a variety of fitness programs, some in the gymnasium and others within the exercise studio (located off the conditioning room).</p> <p>There are a number of cardio machines as well as weight and balance equipment to provide patrons with an all-round workout.</p> <p>Membership to this 50+ Recreation Centre allows you an affordable membership rate for the conditioning room, which is interchangeable for use at the David Durward Centre conditioning room.</p> <p>The Seniors Day Program and Friendly Visiting Program are both offered at the William E. Pautler Centre. Features: Gymnasium, Walking track, Exercise studio, Conditioning room (cardio and weight equipment), and Dining facilities.</p>
<p><b>YMCA of Three Rivers Waterloo Region          Settlement Services</b>  <a href="http://www.ymcacambridgekw.ca">www.ymcacambridgekw.ca</a></p>  <p>Funded by:  Immigration, Refugees and Citizenship Canada</p> <p>Financé par:  Immigration, Réfugiés et Citoyenneté Canada</p> 	<p>Newcomer Settlement Program helps clients including Canadian Citizens and Refugee Claimants.</p> <p>We will provide you with information as well connect you with resources. Assistance with health care, job search, housing, immigration, education, income support application, family benefits, advocacy and filling of various application forms are only some of the many services available through this program.</p> <p>Services will be available in English, Hindi, Punjabi, Urdu and Dutch languages. Access to interpretation and translation is available in languages not spoken by on-site staff. Drop-in or by appointment.</p>

<p><b>MS Society of Canada</b> <a href="http://www.mssociety.ca">www.mssociety.ca</a></p> 	<p>The MS Society provides services to people with multiple sclerosis and their families and funds research to find the cause and cure for this disease. They have a membership of over 7,000 and are the only national voluntary organization in Canada that supports both MS research and services. Since 1948, the core support of the MS Society has been from tens of thousands of dedicated individuals, companies, and foundations in communities across Canada. The Society receives almost no funding from government.</p>
<p><b>Canadian Red Cross</b> <a href="http://www.redcross.ca">www.redcross.ca</a></p> 	<p>The Canadian Red Cross helps people and communities in Canada and around the world in times of need and support them in strengthening their resilience.</p>
<p><b>Legal Aid Ontario</b> <a href="http://www.legalaid.on.ca">www.legalaid.on.ca</a></p> 	<p>Legal Aid provides legal assistance for low-income people.</p>



<p><b>Cambridge Career Connections</b>  <a href="http://www.cambridgecareerconnections.com">www.cambridgecareerconnections.com</a></p>  	<p>Cambridge Career Connections is a service provider for Employment Ontario. This FREE service helps people find and keep employment.</p> <p>Cambridge Career Connections also provides in-school workshops on a variety of topics.</p> <p>The Youth Job Connection Program serves youth who experience barriers to employment by providing supports beyond traditional job search and placement opportunities.</p>
<p><b>Waterloo Region Suicide Prevention Council</b>  <a href="http://www.wrspc.ca">www.wrspc.ca</a></p> 	<p>The Waterloo Region Suicide Prevention Council (WRSPC) is a community-based non-profit aiming to increase awareness of and engagement in suicide prevention within the community to ultimately reduce suicide and its impact. This is done through education, training, and communication engagement initiatives utilizing suicide prevention and positive life promotion messaging.</p>
<p><b>Family &amp; Children's Services of the Waterloo Region</b>  <a href="http://www.facswaterloo.org">www.facswaterloo.org</a></p> 	<p>Family &amp; Children's Services of Waterloo Region (FACS) is legally known as The Children's Aid Society of the Regional Municipality of Waterloo. Their role is to respond and work together with families, their supports, and our communities to protect and care for children who have been abused or neglected, or who are at risk of being abused or neglected.</p>

<p><b>Region of Waterloo Employment and Income Support Division</b>  <a href="http://www.regionofwaterloo.ca">www.regionofwaterloo.ca</a></p>  <p>Region of Waterloo</p>	<p>The Region of Waterloo offers support to people who are looking for employment or who would like to enhance their skills or develop a new career, along with providing temporary financial assistance to eligible individuals and families.</p>
<p><b>The Centre for Family Medicine          Mobility Clinic</b>  <a href="http://www.family-medicine.ca/clinics-services-programs-and-events/clinics-3/mobility-clinic/">www.family-medicine.ca/clinics-services-programs-and-events/clinics-3/mobility-clinic/</a></p>  <p>Mobility Clinic THE CENTRE FOR FAMILY MEDICINE</p>	<p>The Mobility Clinic helps patients with physical disabilities, and their primary care providers, with health care needs that are difficult to manage due to a patient's disability or accessibility issues. That might include a patient who has difficulty getting on to a typical high examination table and would benefit from the use of a more accessible examination room equipped with an electronic lowering exam table, overhead ceiling lift or just more time for a detailed assessment.</p> <p>The clinic is run by inter-professional teams that involve a physician, nurse, chiropractor, occupational therapist, social worker and a pharmacist who provide additional primary care to patients with <b>spinal cord injuries</b>, or other <b>health conditions that impact mobility</b> (i.e., ALS, Parkinson's, stroke, severe Arthritis).</p>