









FIRST FLOOR (includes Pharmacy, Clinical, 50+ Recreation Centre & Jane Brewer Wellness Centre)						
Agency Name/Website/Location	Staff Name	Service Description	Dates/Times	Location	Email	Contact
Arthritis Society (Jane Brewer Wellness Centre) https://arthritis.ca/ 	Kristin Dillon Occupational Therapist	Arthritis Rehabilitation and Education Program	Wednesday 9:00am-5:00pm (as scheduled)	E135 Accessibility Mobility Exam Room	kdillon@arthritis.ca	519-743-4141 Ext. 1106
	Andrew Pople Occupational Therapist		Tuesday 9:00am-5:00pm (as scheduled)		apople@arthritis.ca	519-743-4141 Ext. 1107
Centre for Family Medicine – Mobility Clinic (Jane Brewer Wellness Centre) https://family-medicine.ca/ <i>The Centre for Family Medicine</i> Family Health Team	Centre for Family Medicine – Family Health Team	Mobility Clinic helps patients with physical disabilities, and their primary care providers, with health care needed that are difficult to manage due to a patient's disability or accessibility issues. *All referrals to Mobility Clinics must come from a primary care practitioner*	3 rd Monday of every month	E135 Exam Room	Staff Varies	519-578-2100 Ext. 207



<p>City of Cambridge William E. Pautler Centre (50+ Recreation Centre) www.cambridge.ca</p>  	Kara Miller Recreation Coordinator	Coordinates activities including City of Cambridge gym bookings, fitness classes & conditioning room	Monday to Friday	WEPC & DDC On-site as needed	millerk@cambridge.ca	519-740-4681 Ext. 4634
	Joanne Klausnitzer Community Support Services Coordinator	Adult Day ARC & WEPC	Tuesday to Saturday	WEPC & Off-site Programs	klausnitzerj@cambridge.ca	519-740-4681 Ext. 4411
	Terrilynn Ouellette Sr. Day Programmer	Programmer for Adult Day Programs (WEPC)	Monday to Friday	WEPC	ouelletet@cambridge.ca	519-740-4681 Ext. 4395
	Patricia Reeve Program Assistant	Program Assistant for Adult Day Programs (WEPC)	Monday to Friday	WEPC	reevep@cambridge.ca	519-740-4681 Ext. 4403
	Candace Candela Program Assistant	Program Assistant for Adult Day Programs (WEPC)	Monday to Friday	WEPC	candelac@cambridge.ca	519-740-4681 Ext. 4440
	Lisette Machan Aging at Home Programmer	Programmer for Adult Day Programs	Tuesday to Friday	Off-site, Sat. WEPC	machanl@cambridge.ca	519-740-4681 Ext. 4242 or 4432
	Breanne Hutchings AAH Program Assistant	Program Assistant for Adult Day Programs	Tuesday to Friday	Off-site & WEPC	hutchingsb@cambridge.ca	519-74-0-4681 Ext. 4363
	TBD AAH Program Assistant	Program Assistant for Adult Day Programs	Tuesday to Friday	Off-site & WEPC	TBD	519-222-0357
	TBD PSW	Personal Support Worker	As Scheduled Monday to Friday	Off-site & WEPC		519-740-4681
	Liz Leslie - Cook (on leave until Jan 2022)	Cook	Monday to Friday	WEPC	barbosap@cambridge.ca	519-740-4681 Ext. 4709
	Suzi Moore – Cook (on leave until Feb 2022)	Cook	Saturday	WEPC		519-740-4681
	Annie Herron	Friendly Visiting Program	Monday to Friday	WEPC	herrona@cambridge.ca	519-740-4681 Ext. 4401


	Jennifer Blanchard	Friendly Visiting Program	Monday to Friday	WEPC	blanchardj@cambridge.ca	519-740-4681 Ext. 4425
	Kerry Nicholson Jennifer Louks Jennifer La Cathy Fischer Liana Morales Anna MacDowell	Part time day or evening Receptionist or Lunch coverage	Monday to Friday	WEPC	nicholsonk@cambridge.ca louksj@cambridge.ca laej@cambridge.ca fischerjc@cambridge.ca	519-740-4681 Ext. 4722
	Leah Haveman	Supportive Services Clerical Assistant	Monday to Friday	WEPC	havemanl@cambridge.ca	519-740-4681 Ext. 4042
Hospice of Waterloo Region (south side of building, located in hallway before Clinical (previous EY Centre) www.hospicewaterloo.ca  Hospice Waterloo Region	Alana Herner Coordinator - Cambridge Client Services	Specialized programs and services for children, teens and adults living with a life- limiting illness and their loved-ones and for those who have recently lost someone and are experiencing grief. Hospice 1 to 1 counselling supports offered at Langs.	Monday to Friday 9:00am-5:00pm	S113, S114 and S115	alana@hospicewaterloo.ca	519-743-4114 Or Langs – Ext. 328
	Leslie Duffy Volunteer Coordinator				leslie@hospicewaterloo.ca	
	Alexandra Allen Community Relations Manager				aallen@hospicewaterloo.ca	
	Nicole Dove-Lewis Amanda Lamme Program Coordinator				nicole@hospicewaterloo.ca amanda@hospicewaterloo.ca	
	Caitlin Agla Director of Community Client Services				cagla@hospicewaterloo.ca	


<p>Langs Chiropractic Dr. Amy Brown Dr. Peter Emary (Jane Brewer Wellness Centre) https://www.langschiropractic.com/</p>	Dr. Amy Brown	Chiropractor (private practice, Health2work and Rapid Access Clinic (RAC))	Tuesday & Thursday 9:00am-1:00pm	Exam Room E134B	amywillardbrown@rogers.com	Ext. 351
	Dr. Peter Emary		<p>Monday & Wednesday 2:00pm-5:30pm and 6:30pm to 8:00pm Friday 9:30am to 12:00pm and 2:00pm-5:30pm</p>		pcemary@hotmail.com	
<p>Langs Medical Pharmacy www.langspharmacy.ca Langs Medical Pharmacy  We Look After You</p>	Mona Amr Owner/Pharmacist	Full services pharmacy providing prescriptions, home healthcare, vitamins, minerals, consultative services and geriatric (elderly) service group, retirement and nursing home services, specialty compounding, free delivery	<p>Monday to Friday 9:00am-5:00pm Saturday 10:00am-2:00pm</p>	S101	monnaeLnonna@hotmail.com or info@langspharmacy.ca	519-653-3343
<p>Dr. Rashad Ali, M.D., FRCPC Respirology (Clinical)</p>	Dr. Rashad Ali (Sama Ghani – Medical Secretary)	Respirologist	Occasional Mondays Thursday & Friday 9:30am-4:30pm	Exam Room	admin@lung-md.com	226-792-3448






<div>St. Joseph's's Health Centre, Guelph (across from Pharmacy) https://www.sjhcg.ca/our-programs-of-care/geriatric-outreach-services-2/</div> <div> Serving with Compassion, Care and Courage</div>	Community Responsive Behaviour Team					
	Janet Emary Community Responsive Behaviour Clinician	Part of the Waterloo Region Behavioural Support Ontario (BSO). Offers specialized Geriatric Services for seniors coping with responsive behaviours associated with dementia, mental illness, addiction and other neurological conditions	Monday to Friday	E101	Janet.emary@sjhcg.ca	Ext. 4202
	Katelyn Walkey Community Responsive Behaviour Clinician		Monday to Friday	E101	Katelyn.walkey@sjhcg.ca	Ext. 4203
	Sephra Ruston Social Worker				Sephra.ruston@sjhcg.ca	226-962-5859
	Kim Robertson Occupational Therapist		Monday to Friday	E101 or E102	Kimberly.robertson@sjhcg.ca	Ext. 4204
	Andrew Mantle Community Responsive Behaviour Clinician		On extended leave	E101 or E102	Andrew.mantle@sjhcg.ca	Ext. 4202 or 4203




https://www.sjhcg.ca/our-programs-of-care/community-support-services/waterloo-wellington-regional-aphasia-program/	Waterloo-Wellington Regional Aphasia Program (WWRAP)					
	Antonella DiRenzo-Samson Clinical Lead & Speech Language Pathologist	A result of a stroke or a brain injury. It often impacts a person's ability to understand others, read, write, or express oneself. The groups are hosted across 9 adult day program sites.	Wednesday Afternoons (bi-weekly)	ADP Room (WEPC) 2:00pm-4:00pm & E102	Antonella.samson@sjhcg.ca	226-979-6604
	Craig Holman Social Worker		Wednesday Afternoons (bi-weekly)	E102	Craig.holman@sjhcg.ca	519-400-5837
Toronto Orthopedic Services 	Daniel Pecorella/Khamla Pecorella (Office Manager)	Toronto Orthopedic Services Ltd. (TOS) provides on-site orthopedic solutions to the Langs community as well as the greater Cambridge area.	Second Friday of the month	E135	dpecorella@hotmail.com OR contact@tortho.ca	416-766-6800, ext. 2290
Waterloo Wellington Home and Community Care Support Services https://healthcareathome.ca/region/waterloo-wellington/ 	This is in transition		Tuesdays 8:30am-12:00pm	Exam Room		



SECOND FLOOR (includes the Youth Wellness Hub, DEP/Partners Wing)						
Agency Name/Website	Staff Name	Service Description	Dates/Times	Location	Email	Contact
Alzheimer Society https://alzheimer.ca/ww/en (south side/partners)  <small>WATERLOO WELLINGTON</small>	Janine Wilson Public Education Coordinator	Programs and support for people and their families who have Alzheimer's and other dementias	Monday to Friday 8:30am-4:00pm (varies)	S248	jwilson@alzheimerww.ca	519-742-1422 Ext. 4002
	Gisele Hauser First Link Care Navigator		Thursday to Friday 8:30am-4:00pm (varies)	S252	ghauser@alzheimerww.ca	519-742-8518 Ext. 2023
	Samantha Schultz First Link Coordinator – Social Worker & Programs		Monday to Thursday 8:30am-4:00pm Friday (virtually)	S248	sschultz@alzheimerww.ca	519-742-8518 Ext. 2090
Cambridge Career Connections https://cambridgecareerconnections.com/  <small>Linking you with work...</small>	Crystal Osmond, Employment Services Coordinator	Employment Counselling for Youth	Thursdays 2:30-4:30pm	N214	CrystalOsmond@jhsww.ca	519-504-0566



Canadian Mental Health Association, Waterloo Wellington Branch (south side/partners) https://cmhaww.ca/  Canadian Mental Health Association Waterloo Wellington Dufferin	Steph Vigil SGS MH Clinician		Monday to Wednesday, and Friday 8:30am-4:30pm	S210	svigil@cmhaww.ca	1-844-264-2993 Ext. 3037
	Carla Giddings Eating Disorders MH Clinician		Thursdays 9:00am-5:00pm	S210	cgiddings@cmhaww.ca	1-844-264-2993 Ext. 2062
	Dakota Carrie SGS MH Clinician		Monday, Tuesday & Friday 8:30am-4:30pm	S212	dcarrie@cmhaww.ca	1-844-264-2993 Ext. 7035
	Kim Hewitt-McVicker Manager, 1 st Step		Wednesdays 9:00am-5:00pm	S212	khewitt@cmhaww.ca	
	Aisha Hufnagel Mental Health Clinician		Monday & Thursday	Monday – S225 Thursday – S212	ahufnagel@cmhaww.ca	
	Paul Bowser DBT Clinician		Fridays	S216	pbowser@cmhaww.ca	519-841-5071
	Leanne Needham MH Clinician First Step		Wednesday & Thursday 9:00am-5:00pm	Wednesday – S216 Thursday – S212	lneedham@cmhaww.ca	226-750-5373
	Victoria Hanson Eating Disorders Clinician		Thursdays 9:00am-5:00pm	S216	vhanson@cmhaww.ca	1-844-264-2993 Ext. 2042
	Dr. Karen Clements SGS Geriatric Psychiatrist		3 rd /4 th Tuesday of every month 9:00am-5:00pm	S216		
	Jain Beckett DBT Clinician		Mondays	S216	jbeckett@cmhaww.ca	
	Meagan Wurster 1 st Step		Monday to Friday 9:00am-5:00pm	S223	mwurster@cmhaww.ca	
	Arnai Clarke First Step Nurse Clinician		Wednesday & Thursday 9:00am-5:00pm	S225	aclarke@cmhaww.ca	519-820-7418
	Employment Services		Fridays	S225		

	El Ringler Peer Support Coach 1 st Step		Tuesdays	S225	eringler@cmhaww.ca	
	Victoria Peters Manager, Senior Services		Tuesday & Thursday	S244	vpeters@cmhaww.ca	
	Angela Volpe IGSW		Monday, Wednesday to Friday 8:30am-4:30pm	S244	avolpe@cmhaww.ca	519-653-1470 Ext. 277
	Thayna Walter IGSW		Monday, Wednesday to Friday 8:30am-4:30pm	S244	twalter@cmhaww.ca	519-653-1470 Ext. 506
	Angela Enns IGSW		Monday, Wednesday to Friday 8:30am-4:30pm	S244	aenns@cmhaww.ca	519-653-1470 Ext. 278
	Stacie Grahauvac Nurse Practitioner ED		Thursdays	Exam Rm. 3		
Canadian Red Cross (south side/partners) www.redcross.ca 	Karen Charles Acting Senior Manager – Capacity, Readiness and Planning	To support people who are affected by disasters, whether large or small, in the community. Region of Waterloo, Wellington County, Bruce County and Grey County	Monday to Friday (Varies)	S245	Karen.charles@redcross.ca	519-212-1298
	Johena Jebendra, Emergency Management Coordinator		Monday to Friday (Varies)	S245	Johena.jebendra@redcross.ca	519-221-7717

Camino (formerly Carizon) (Youth Wellness Hub) www.caminowellbeing.ca/ 	Alicia	Counselling & Family Services	Monday and Thursday	N218		
	Peter	Counselling and Family Services	Tuesday	N218		
Family and Children's Services (Youth Wellness Hub) www.facswaterloo.org  <p>FAMILY & CHILDREN'S SERVICES OF THE WATERLOO REGION</p>		Sexual Abuse Treatment Program	By appointment only (schedule varies)	N215		Kitchener/Waterloo 519-576-0540 Cambridge 519-623-6970
Front Door Services A Camino/Lutherwood partnership program (Youth Wellness Hub) www.frontdoormentalhealth.ca  Access to Child and Youth Mental Health Services  		Walk-in Counselling		*Not On-Site*		
Dr. Heather MacKenzie (South side/partners)	Dr. Heather MacKenzie Endocrinologist	Clinical and research interests include frailty and diabetes in older adults, obesity management, and transgender care.	Physician Referral	S217, S218 & S219		519-624-8977

<p>House of Friendship (Youth Wellness Hub) https://houseoffriendship.org/how-we-help/family-neighbourhood-supports/family-outreach-program/</p> 	<p>Natanya Wombwell Family Outreach Worker</p>	<p>The family outreach program is community based, created to prevent and reduce child poverty in the Waterloo Region. The goal is to assist children and families experience low-income to access the services they need in their own communities.</p>	<p>Tuesdays and Thursdays 9:00am-12:00pm (by appointment only)</p>	<p>N214 *shared office space in the YWH*</p>	<p>natanyaw@houseoffriendship.org</p>	<p>519-742-8327 Ext. 255</p>
<p>Dr. Joanne Liutkus (South side/partners)</p>	<p>Dr. Joanne Liutkus Endocrinologist - Internal & Obstetric Medicine</p>		<p>Physician Referral</p>	<p>S217, S218 & S219</p>		<p>519-624-8977</p>
<p>Lutherwood (Youth Wellness Hub) www.lutherwood.ca</p> 	<p>Justin</p>	<p>Counselling Services</p>	<p>Tuesdays and Wednesdays 10:00am-8:00pm</p>	<p>N219</p>		<p>519-749-2932</p>
<p>Region of Waterloo Employment and Income Support (located outside the Youth Wellness Hub) https://www.regionofwaterloo.ca/en/regional-government/income-and-employment.aspx</p> 	<p>Shannon Gustar Employment Programs Facilitator, Community Services</p>	<p>Ontario Works and ODSP system navigation, Employment Counselling</p>	<p>Starting June 20th Tuesdays 9:00am-4:00pm</p> <p>OFF: Week of July 3rd (Missing July 4th Only)</p>	<p>N207</p>	<p>sgustar@regionofwaterloo.ca</p>	

Sexual Assault Support Centre of Waterloo Region (south side/partners) www.sascwr.org 	Fenix Brown Counsellor & Advocate	Counselling and programs for people and their families who have experienced sexual violence	Tuesday and Thursday 9:00am-5:00pm (varies)	S222	fenix@sascwr.org	519-571-0121 Ext. 106
	Andrea Arthur-Brown Director of Services			S222	andrea@sascwr.org	
	Krista			S222	krista@sascwr.org	
	Sara Casselman Family Court Support Program		Wednesday (varies)	S222		519-579-5013
Waterloo Region Community Legal Services (located outside the Youth Wellness Hub) www.wrcls.ca  Waterloo Region Community Legal Services	Ashley Schuitema Steven Caswell Imtenan Abd-El-Razik Rob Nixon Steven Caswell Ashley Schuitema Lu Roberts Imtenan Abd-El-Razik Rob Nixon Nancy Singer	Legal advice, services, and/or representation in areas such as landlord- tenant, income support programs (OW, ODSP, EI, CPP-D, OAS), consumer protection, employment law	9am-4pm closed for lunch 12-1pm	N206		519-743-0254

<p>Waterloo Region Suicide Prevention Council</p> <p>www.wrspc.ca</p>  <p>*Not On-Site*</p>	<p>Elisa Brewer-Singh</p>	<p>The Waterloo Region Suicide Prevention Council is a community-based non-profit aiming to increase awareness of and engagement in suicide prevention within our community to ultimately reduce suicide and its impact. We do so through education, training, and community engagement initiatives utilizing suicide prevention and positive life promotion messaging.</p> <p>**Please note, the WRSPC does not provide counselling or crisis support.</p> <p>For access to mental health, addictions, and crisis services in Waterloo Region, call Here 24/7 at 844-437-3247</p>		<p>*Not On-Site*</p>		
<p>YMCA of Three Rivers Immigrant Services (Youth Wellness Hub)</p> <p>www.ymcathreerivers.ca</p> 	<p>Mana Marvast Settlement Worker (starting June 6/2023)</p>	<p>Newcomer Settlement Program helps clients including Canadian Citizens and Refugee Claimants.</p>	<p>Tuesday mornings 8:30am-12:00pm (Drop-in or by appointment)</p>	<p>N222 (shared office)</p>	<p>mana.marvast@ytr.ymca.ca</p>	<p>519-504-3610</p>
	<p>Diana Odar Settlement Worker</p>				<p>Diana.odar@ytr.ymca.ca</p>	