

Sarah MacTavish, Administrative Assistant



**In the Photo:
Sarah managing schedules at Langs**

Sarah MacTavish held a new position with the Diabetes Education Program (DEP) at Langs for just five short months when the pandemic struck. To top it off, the manager of the program was away on medical leave. Sarah stepped up to take the lead during the beginning of the crisis as the team worked to completely change the way they delivered service. Triage, support and education, forms and systems, everything was modified. For Sarah, these monumental tasks also involved the added complication of adjusting to working at home with a 2 year old and a 4 year old.

Sarah appreciated being asked to attend the daily leadership meetings as the DEP team representative. What she witnessed was “remarkable, clear and evident” collaboration.

Sarah has always felt strongly that Langs’ values aligned with what was important for herself and her life, “When you care for people who are in a vulnerable position and you can give them the opportunity to have their lives changed, you can then see the ripple effect in the community. And then the community changes.”

“I want our community to know that we really do care,” says Sarah as she fights back tears. “I want them to know that we are stronger together. And that when we’re working together we really can change the world.”
