

Dr. David Arnott, Family Physician



**In the Photo:
Dave at the COVID-19 Respiratory Assessment Centre**

"Since the pandemic began, Dr. David Arnott (Dave) often works 75 hours a week. In addition to serving his regular patients, Dave began working the very first shift at the COVID-19 Respiratory Assessment Centre at Cambridge Memorial Hospital on April 1st. Since then, he works there at least two evenings a week. Dave also works with a 24/7 on-call mobile outreach team. The mobile team is tapped by public health to swab at outbreak sites. "Yesterday, we did a clinic in Kitchener," Dave explains. "Today, during my lunch break, we're gonna pop over and do some swabs at a group home."

"It's definitely a lot. One day, there were close to 200 people. Even though the swab itself is only about 10 seconds, there's a lot of education around it and a lot of paper work too. Even when you're really efficient, that one day was close to nine hours."

"There's always something more to do and you always want to do the best for your patients, so sometimes it's hard to shut off," Dave admits. "I'm sure my wife would easily attest to that as well. With a 10 month old and a two year old and with no help at all, she's probably more sleep deprived than I am to be honest."
