## Dr. Craig Albrecht – Family Physician



In the Photo: Dr Craig Albrecht, IPC Clinical Lead, Crystal LaForest, IPC, Community Outreach Worker and Cindy Danylyshen, Langs RPN at the Cambridge Isolation Site A partnership with the Cambridge Shelter Corporation

"It really hit me in the beginning of the pandemic. I see patients at a nursing home and at Langs, and at The Bridges shelter. This one day I had to go see patients at all three locations on the same day. It was just sort of vibrating in me, this feeling like 'what if I make a mistake?'."

That was the day Dr. Albrecht and the teams took immediate steps to limit risk for themselves and those they care for. But it didn't stop then as they constantly had to adjust for different locations and for the changing situation. "As the virus and our understanding of it evolve, we need to change some of what we do. But no matter what changes, we will still provide good care. Yes we could get the virus ourselves. But we wear the gear. We practice. We rehearse. We make sure that we have all of the steps in place. If there are two of us, we keep an eye on each other to make sure that we're doing it right."

The experience has made Dr. Craig realize how much everyone in health care needs one other across the system and beyond. "Everyone plays a part and we all need to be aware. It's really true - we're in this together."