Anna Pelleboer, Nurse Practitioner, North Dumfries



In the Photo: Anna donning her Personal Protection Equipment

Langs' Nurse Practitioner Anna Pelleboer is dedicated to exceptional health care to patients and their families across the lifespan, focusing on health promotion, disease prevention & acute and chronic illness management. At the onset of the pandemic, quick thinking and creativity meant finding a way to protect babies and their moms. This was achieved by switching education and assessments to the phone. Now when Mom and babe come to the building for vaccinations or check-ups, a system has been designed to allow them to wait safely in the car to avoid the waiting room. They are then ushered through a designated door to avoid unnecessary interactions.

Anna takes great pride in saying, "I'm really proud to work for Langs because we're going above and beyond and we're always trying to find new, creative ways to be there for patients. We even made a list of our most vulnerable patients and the nurses are connecting with them by phone or virtually to make sure their needs are met, whatever they are."

Anna has always been drawn to quick, rapidly changing, challenging situations - from hospital emergency work, to high risk obstetrics, and now stepping up during a pandemic. Anna didn't hesitate to raise her hand to join the mobile team that conducts swab testing when outbreaks are discovered. This dedicated nurse practitioner admits, "My Dad initially asked, 'Is this voluntary? Are you doing it because you have to?' And I said, 'I don't have to, but I want to because I'm young and healthy and this is a part of why I went into healthcare'."