

MESSAGE FROM THE CHAIR AND EXECUTIVE DIRECTOR



It is often said that “laughter is the best medicine.” Although one may dismiss this expression as a common cliché, laughter is a familiar sound at Langs. And fortunately it is something that is contagious, as it carries throughout the halls from our groups, to our early years space, along the corridor from our staff room and even down the street from the Youth and Teen Centre. We often relied on humour to help guide our way through an extremely busy year, as evident in the many accomplishments highlighted in this report.

Equipped with a new strategic plan, the Board of Directors and staff began the process of developing measures to guide us and cultivate even greater organizational accountability to our funders and the community. The first outcome of our work is the completion of our strategy map or a pictorial roadmap of our strategic plan. We have chosen to focus on one of our strategies in our message; however, we encourage you to review all of the highlights contained in this report.

We started our year immediately by working on one of the key strategic directions contained on our map, “creating meaningful spaces, places and partnerships,” and we have not stopped. It began with the creation of new space at our Youth and Teen Centre with the addition of a 750 square foot portable. This was made possible due to the generous support of the Ministry of Community and Social Services and Waterloo Region Housing of the Regional Municipality of Waterloo. This space became the new home for a partnership with the RBC Foundation and the “After Three Program,” successfully launched in October 2006 with our friends from RBC.

Before we knew it, we were in negotiations to acquire approximately 10,000 square feet of additional space in our current facility at 887 Langs Drive and in consultations with community partners about co-location. We are thrilled to welcome Family and Children’s Services and Catholic Family Counselling Centre to our new space and we are excited about the many other meaningful opportunities that will evolve from this partnership.

Last but certainly not least, the acquisition of 3.2 acres of land in our catchment area is one of the organization’s biggest achievements to date. The organization has pursued this property for nine years and in the last two years it was a partnership that helped to close the deal. We are extremely thankful to Mayor Craig, Cambridge City Council and staff for their tremendous assistance in this process and funding support. We also want to take this opportunity to acknowledge a local lawyer Gary Hauser as well as Angie Asadoorian of Royal LePage for their in-kind gift of time and expertise that was a big part of making this a reality for the organization. Over the next few years we will bring you more exciting news about our capital building plans.

Maintaining our sense of humour was needed while achieving these major milestones. We did so concurrently while preparing for and participating in our accreditation process; engaging the Ministry of Health and Long Term Care in a dialogue regarding our resource needs; advocating for recognition and compensation for the role of Nurse Practitioners and working with the North Dumfries community to establish the satellite Community Health Centre. We look forward to accomplishing these goals, as we welcome transitioning to governance under the Local Health Integration Network.

Langs continues to prosper, grow and adapt to community needs each year. We continue to be proud of the tremendous energy and commitment that our participants, volunteers, staff and Board members bring to our organization. We are pleased to welcome six new board members to the organization.

Sadly though, we say goodbye to retiring members Fred Wagner, David Hutchings and Lorraine Shields whose leadership, laughter and outstanding dedication will be greatly missed.

Margaret J. Wheatley, a recognized leader and author in the area of organizational behaviour wrote: “There is no power for change greater than a community discovering what it cares about.” This is a testament to the Langs community’s greatest gift – its people. Thank you to the hundreds of individuals who have shared their time, energy and skills with us over the year, as we continue on the journey envisioned 29 years ago by our founding members. We look forward to our 30th year and the continued journey in partnership with you.

*Mark Godin,
Chairperson*

*Bill Davidson,
Executive Director*

STATEMENT OF OPERATIONS FOR THE YEAR ENDED MARCH 31, 2007		
	2007	2006
	\$	\$
REVENUE		
Community Health Centre Funding	3,007,195	2,705,598
Government Funding	585,439	657,465
Grants and donations	173,428	132,640
Fundraising	91,227	99,341
Program fees	10,077	10,151
Interest and other	50,134	19,585
	<u>3,917,500</u>	<u>3,624,780</u>
EXPENDITURES		
Salaries and benefits	2,776,462	2,703,411
Rent and utilities	245,471	177,921
Supplies and materials	216,658	121,359
Professional fees	35,431	21,368
Office and administration	215,651	187,975
Staff training and travel	41,962	39,811
Honorarium	1,270	1,105
Repairs and maintenance	14,401	10,805
Non-recurring costs	40,322	106,520
Special events	1,327	8,588
Medical supplies	28,082	16,763
Amortization	105,751	121,481
	<u>3,722,788</u>	<u>3,517,107</u>
	<u>194,712</u>	<u>107,673</u>
MIDWIFERY TRANSFER PAYMENT AGENCY		
Revenue	1,349,697	1,368,519
Expenditures	(1,190,289)	(1,273,498)
Amount refundable to the Ministry of Health and Long Term Care– Ontario Midwifery Program	<u>(159,408)</u>	<u>(95,020)</u>
	<u>NIL</u>	<u>NIL</u>
EXCESS OF REVENUE OVER EXPENDITURES	194,712	107,673

Organizational Highlights:

- Langs offered 19 new programs and services in 2006/07 (please see program highlights)
- 6 LFVA volunteers received Ontario Volunteer Service Awards
- Patricia Marengueur, a Langs youth volunteer was awarded the Violet Richardson Award from the Soroptimist Club
- 22 students were placed at Langs from 14 educational programs, including one student from the Rural Ontario Medical Program
- Toured 90 students from the Recreation and Leisure Studies program at Mohawk College
- Volunteer consultations were held to review and update the Langs’ Volunteer Leadership Development Model
- Continued our commitment to evaluation of programs and services with 337 participants completing “Your Ticket to Comment” satisfaction cards; 150 program evaluations were completed and 229 individuals completed our Organizational Satisfaction Survey
- An Infection Control audit was completed in preparation for pandemic planning
- A Pandemic Planning Action Team has been established and a draft pandemic plan created
- Continued recruitment initiatives took place to fill new positions for North Dumfries and diabetes program staff as well as to fill existing Nurse Practitioner vacancies and physician locums
- All policy and procedure manuals were reviewed and updated for accreditation
- Funding received from the Cambridge and North Dumfries Community Foundation to support afterschool programs
- Social work intake practices and procedures were reviewed and enhanced
- The availability of urgent/same day appointment times was increased by 30% along with increased Registered Nursing support for patients with chronic conditions
- Community and staff representatives participate in planning sessions for the new space
- Reception/waiting room renovations were completed and new signs and bulletin boards were added throughout the facility

Program Highlights:

- 5 women participated in the third session of the Pathways to Employment Program funded by the National Child Tax Benefit Program of the Region of Waterloo
- 25 groups for individuals with Type 2 diabetes were implemented
- 675 flu shots were administered during 15 flu clinics.
- The “Healthy Me” program with a focus on how to make lifestyle changes including nutrition advice was offered. A new follow up program was then developed
- The Cambridge and North Dumfries Community Foundation sponsored 10 teens to attend the Tap Dogs, a theatrical/dance performance at Centre in the Square in Kitchener.
- The Blooming Chef Cooking Program created for parents between the ages of 14-25 as an outreach opportunity
- 7 students graduated from the 7th Inning Education Program
- 9 champions graduated from the Community Champions Mentoring Program
- 2050 people accessed services at the Resource Centre
- 690 community residents were contacted through door-to-door outreach
- The “After 3 Club” afterschool program began with the support of the RBC Foundation
- A new Thursday Drop-in for pre-teen participants began at the Youth Centre with enhanced funding from the City of Cambridge
- “Guy’s Night Out”, a new quarterly social activity for men was offered
- 79 families were supported at Christmas through Langs with the assistance of community partners and donors
- 265 people attended the Community Picnic with the bbq sponsored by M & M Meat Shops Ltd.
- 200 people attended the Christmas Dinner sponsored by Rogers Communications Inc.

